

BEETROOT

1 SOWING YOUR SEEDS

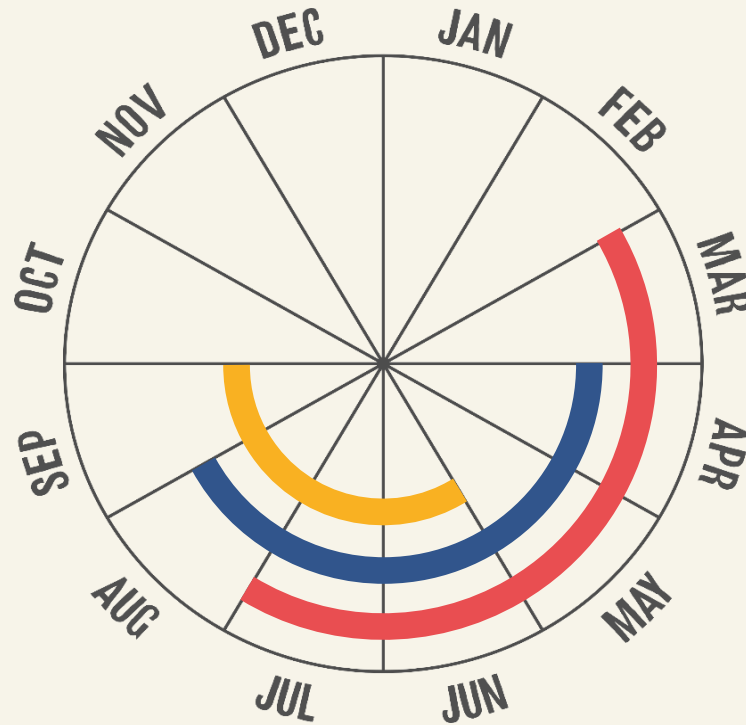
Beetroot can be sown from March to July straight into raised beds in drills. Make the drills 2cm deep with 30cm between each row. Water the drill and sprinkle with seeds. Cover drills thinly with soil.

2 THINNING OUT

Once seedlings are 5-10cm tall they will need space to grow. Carefully remove the smaller and weaker stems. Leave 10cm space between each plant.

3 HARVESTING

From June to September you can pull up beetroot that are golf ball size, you can leave some to mature and pull up when cricket ball size.



Seedlings



Young plants



Ready for harvest

Don't let your thinned out seedlings go to waste. They can be eaten in salads and are known as microgreens.